

Help is available!

Advisory centre for domestic violence

Advice and support for women and girls affected by violence:

- How does it work?
- What legal steps can I take to protect myself?
- What about the accommodation?

• Advisory centre/intervention agency

Frauen helfen Frauen – Hochtaunuskreis e. V.
Oberhöchstader Straße 3, 61440 Oberursel, Germany
Tel.: +49 (0)6171 – 517 68
beratungsstelle@frauenhaus-oberursel.de

• LOTTE- AWO advisory centre for women and girls

Kirdorfer Straße 90, 61350 Bad Homburg v.d.H., Germany
Tel.: +49 (0)6172 – 1370 993
fh-beratungsstelle@awo-hs.org

• Counselling and training for men with violence issues

Men's work / Offender work Diakonisches Werk Hochtaunus
Heuchelheimer Str. 20, 61348 Bad Homburg, Germany
Tel.: +49 (0)6172 –59 76 60, www.diakonie-htk.de

Additional support

• National violence against women support hotline (Gewalt gegen Frauen)

24 hours, 7 days a week, free of charge, interpreters available
Tel.: +49 (0)8000 116 016
Online support: www.hilfetelefon.de

• Wildwasser Frankfurt e. V. (based in Bad Homburg)

www.wildwasser-frankfurt.de

• pro familia advisory service in Friedrichsdorf

www.profamilia.de/friedrichsdorf

• Weißer Ring

www.weisser-ring.de

• Women's representatives in the Hochtaunus region

All support is confidential.

Your rights:

The **Protection Against Violence Act** entered into force on 1/1/2002.

This law improves the rights and means of protection of victims of domestic violence and holds the perpetrator responsible.

Exercise your right and apply for protection measures at your local court. The court can assign the family home to you. This is also possible if the offender is the sole tenant or owner of the property. The law also offers you protection outside of the home.

For example, the court can ban your partner from: being within a certain distance of you or your home, visiting places where you regularly go, such as your place of work, school, nursery, leisure facilities, contacting you via phone, email or text.

These options also apply in the event of **stalking** (threat, harassment and lurking).

It is beneficial to seek the assistance of a solicitor. If you cannot afford to cover these legal costs, you may apply for a financial aid permit at your local court for an initial consultation and legal aid for court proceedings.

You should take the following documents:

Passport/ID, proof of earnings or ALG II unemployment certificate, rental contract, bank statements from the last 3 months.

Courts / Family courts in the Hochtaunus region:

Bad Homburg

Auf der Steinkaut 10 – 12
Tel.: +49 (0)6172 – 405 0

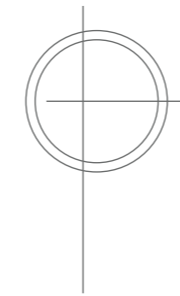
Königstein

Burgweg 9
Tel.: +49 (0)6174 – 29 03 0

To the HIP work group:

The "Intervention Project against Domestic Violence" (HIP) work group aims to network all institutions associated with domestic violence in the Hochtaunus region to offer victims the best possible support.

We want to give you the courage to use the law for your protection.



**It's time to
put a stop
to threats
and abuse.**



Tel.: +49 (0)6172 – 999 54 10

In cooperation and with financial support from the Central Office for Women, Senior citizens, Handicapped Persons and Healthcare in the Hochtaunus region.

More information at:

www.frauenhaus-oberursel.de



Ways out of domestic violence

Violence has many forms

- If you have been hit, kicked, slapped or choked, then that is **domestic abuse!**
- If you have been raped and/or sexually assaulted, then that is **sexual abuse!**
- If you have been harassed, threatened, insulted, humiliated on the phone or “blackguarded” in public, then that is **emotional abuse!**
- If you are being prevented from going to work or earning your own money, then that is **economic abuse!**
- If you are being isolated and are not allowed to have friends or other contacts, then that is **social abuse!**
- If you are being repeatedly harassed or followed, for example with messages, calls, visits, etc., then that is **stalking!**

What can I do?

In the event of imminent danger, call the **police** on the **emergency number 110**. The police are there to protect you and can remove the offender from your home. The police are obliged to file charges and submit them to the district attorney.

- **Bad Homburg police station – Tel.: +49 (0)6172 – 12 00**
- **Oberursel police station – Tel.: +49 (0)6171 – 624 00**
- **Königstein police station – Tel.: +49 (0)6174 – 926 60**
- **Usingen police station – Tel.: +49 (0)6081 – 920 80**

If you have been physically harmed, consult a **doctor** and have them provide a doctor’s certificate of your injuries. Take notes about any violent actions and threats committed by your partner. Note the name and address of potential witnesses.

Refuge in a women’s shelter is available any time, night or day

If you do not feel safe in your home, are feeling anxious or need intensive support, please contact a **women’s shelter**. You and your child(ren) can find support and assistance at any time, night or day. The police will help you get to the women’s shelter. If possible, bring any **important documents** with you (passport, health insurance card, birth and marriage certificate, work contracts, certificates). Please also remember to bring cloths, school items and toys for your children.

Women’s shelters in the Hochtaunus region

- **Frauen helfen Frauen (“Women help women” women’s shelter) – HTK e. V. Oberursel**
Tel.: +49 (0)6171 – 516 00
Email: fh@frauenhaus-oberursel.de
- **AWO “Lotte Lemke” women’s shelter in Bad Homburg v.d.H.**
Tel.: +49 (0)6172 – 967 400
Email: frauenhaus-hg@awo-hs.org

Children and domestic violence Children are also affected and require protection

You will receive support and guidance from child protection services and advisory centres which can help you protect your children.

- **Social services/Hochtaunus region (child protection service)**
Tel.: +49 (0)6172 – 999 0
- **Social and youth welfare service in Bad Homburg v.d.Höhe (child protection service)**
Tel.: +49 (0)6172 – 100 0 or tel.: +49 (0)6172 – 100 50 70

In the event of emergencies outside of normal office hours, child protection services can be contacted via the police.

- **Advisory centre for parents, children and youths in the Hochtaunus region**
Bad Homburg (responsible for: Oberursel, Friedrichsdorf and Steinbach)
Tel.: +49 (0)6172 – 999 39 00
Königstein (responsible for: Königstein, Glashütten, Kronberg and Schmitten)
Tel.: +49 (0)6174 – 4783
Usingen (responsible for Usingen, Grävenwiesbach, Neu Anspach, Schmitten, Wehrheim and Weilrod)
Tel.: +49 (0)6081 – 58 56 310
- **Advisory centre for parents, children and youths in Bad Homburg v.d. Höhe**
Tel.: +49 (0)6172 – 29 10 9
- **Medical child protection department at the Frankfurt University Hospital**
Tel.: +49 (0)69 – 6301 52 49
(trained doctors available 24 hours, 7 days a week)

! NOTHING justifies domestic violence

